

It's your first day commuting to a nearby college, and you can't find a parking spot.

You notice your roommate has started moving his/her stuff into your space.

Your friends want to go out to a restaurant, but you're out of spending money for the month.

You're living off-campus in a shared house with some friends. One roommate never has money for internet on time.

Of 6 people, you are the only one who does any dishes in your on-campus suite, EVER.

Your high school boyfriend/girlfriend went far away to college, and has been "out with friends" every time you want to talk. You are starting to feel like something is not right.



College Life

Situation



College Life

Situation



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Situation



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College Life

Situation

You're falling behind in one of your classes – at this rate you will definitely fail the class.

Your GPA isn't high enough to stay on the sports team that is your passion.

You have no idea what the professor is talking about – is this even the right class?

The books you need to buy for class are too expensive.

You're not really a morning person, but an 8:00 a.m. class was unavoidable, and now you keep oversleeping and missing class.

You want to major in Fine Arts with a concentration in Graphic Design, but your parents are set on you going into pre-med.



College Life

Situation



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Situation



College Life

Situation

Your mom always did your laundry, who knew one red sweater could make everything turn PINK??

Your roommate has started partying all the time and you're concerned.

You haven't made any friends yet.

You're halfway through your second year and realize you hate your major.

A required class has you stuck with the world's most boring professor, who drones on and on (seemingly without taking a breath).

A classmate is constantly skipping lectures then hitting you up for your notes.



College Life

Situation



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College Life

Situation



College Life

Situation



College Life

Situation

Ask someone who looks like they know what's going on

Email your advisor

Have a good cry

Skip class

Ask for an extension

Stay up all night studying



College Life

Response



College Life

Response



College Life

Response



College Life

Response



College Life

Response



College Life

Response

Arrive early

Write everything down

Look for another option

Transfer to another school

**Stay after class to ask your
professor for more
information**

**Ask a classmate for his or
her notes**



College Life

Response



College Life

Response



College Life

Response



College Life

Response



College Life

Response



College Life

Response

Start a study group

**Join a club to meet
new people**

**Ignore the problem, it will
probably take care of itself**

**Have an honest
conversation**

**Wear your pajamas
all day long**

Go to a party



College Life

Response



College Life

Response



College Life

Response



College Life

Response



College Life

Response



College Life

Response

**Rack up some
credit card debt**

**Look for part-time student
jobs on campus**

Tell your friends "no way"

**Schedule a time to talk
about the problem**

**Ask a mutual friend to help
mediate your dispute**

**Visit the office of Residence
Life to ask for advice**



College Life

Response



College Life

Response



College Life

Response



College Life

Response



College Life

Response



College Life

Response

Fight about it

See if there are any extra credit opportunities

Talk to your professor about accepting late work or redoing an assignment

Quit your extracurricular activities to focus on your studies

See what mental health services are available through the school

Schedule an appointment with the school's career center



College Life

Response



College Life

Response



College Life

Response



College Life

Response



College Life

Response



College Life

Response

**Ask your professor about
tutoring opportunities**

**Check a bulletin board for
groups you might want to
join**

**Invite a classmate to an
upcoming event sponsored
by the school**

Call your parents

Fess up

**Ask your professor or a TA
for help with the material**



College Life

Response



College Life

Response



College Life

Response



College Life

Response



College Life

Response



College Life

Response

**See if there's a payment
plan option**

**Curse heartily, there's
nothing else you can do**

Hit the gym

**Delete all your social
profiles**

Write an anonymous letter

**Start slowly moving your
stuff into your roommate's
space**



College Life

Response



College Life

Response



College Life

Response



College Life

Response



College Life

Response



College Life

Response

Stack dirty dishes in the shower – it's multi-tasking!

Who needs clean clothes?

Search the internet for advice

Post about your problem on a social media account

Stop talking to the him/her

They wouldn't put ice cream out at breakfast time if ice cream wasn't a breakfast food.



College Life

Response



College Life

Response



College Life

Response



College Life

Response



College Life

Response



College Life

Response

Give up and go home

**Take out your frustrations
by ordering and eating a
large pizza**

**See if a local bank has
promotions for students
opening accounts**

**Open a credit card for
students, but pay it off
every month**

Sucker punch!

Go for a walk



College Life

Response



College Life

Response



College Life

Response



College Life

Response



College Life

Response



College Life

Response

**Take a deep breath before
you do anything else**

**Remind yourself that
adversity makes you
stronger**

Scream

Laugh

**Check for services for first-
gen or nontraditional
students that can help you**

Gang up on the offender



College Life

Response



College Life

Response



College Life

Response



College Life

Response



College Life

Response



College Life

Response

Talk to your RA

Not cool, friend.

**The first step is admitting
you have a problem**

**Get friends together to
address the problem**

Keep bringing it up

Learn to cook



College Life

Response



College Life

Response



College Life

Response



College Life

Response



College Life

Response



College Life

Response

Just go along with it

Meet with your advisor

**Make a list of what you
need to do in the order you
need to do it**

Schedule study time

**Enlist the help of a
Study Buddy**

**Dedicate a notebook to
organizing your schedule**



College Life

Response



College Life

Response



College Life

Response



College Life

Response



College Life

Response



College Life

Response