Beach Ball Bonding

Source adapted from https://powerupspeakout.org/beach-ball-bonding-icebreaker/

Introduction

This icebreaker gives mentors and mentees a fun opportunity to learn more about each other as they continue to build a relationship and establish mutual trust.

Materials

- A beach ball
- A permanent marker

Instructions

- In advance of this activity, use a permanent marker to write questions all over the beach ball. Attached is a list of example questions. You can use these or create your own! It should look something like this:

- Have mentors and mentees stand in a circle.
- Instruct one person standing in the circle to throw the ball to another person in the circle.
- Whoever catches the ball will answer the question written closest to their right thumb.
- After the catcher answers the question, he/she will throw the ball to another person and sit down.
- Keep going until each student has had a turn.

Take it from here

- Did you enjoy talking about yourself and answering questions?
- Did you enjoy learning about others in the group?
- Did you share anything about yourself that others in the group may not have known? How did that make you feel?
- How will you use what you've learned about your mentor/mentee to build a positive relationship?

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Core Practices Mentoring

Suggested Questions

- What is your favorite sport?
- What is your favorite book?
- What is a hobby you enjoy?
- Who is someone you admire?
- If you were stranded on a dessert island, what three items would you bring?
- What is your favorite TV show?
- What is your favorite movie?
- What is your favorite school subject?
- What is your dream job?
- What is your favorite holiday?
- What's the best gift you've ever received/given?
- Where do you see yourself in 10 years?
- What is your favorite animal?
- Where is your dream vacation destination?
- What is your favorite piece of clothing you own?
- Where is the most interesting place you've ever been?
- What city would you most like to live in?
- What are you most likely to become famous for?
- What was the best compliment you've ever received?
- If you had to change your name, what would you change it to?
- What's the best piece of advice you've ever received?
- What's the worst piece of advice you've ever received?
- What would your spirit animal be?
- Do you have any pets? What are their names?
- What did you do last weekend?
- What did you do on your last vacation?
- What three words best describe you?
- What's your favorite number? Why?
- What do you bring with you everywhere you go?
- If you opened a restaurant, what kind of food would you serve?
- What is a goal you have?
- What's the best thing to do on a hot summer day?
- What's the best thing to do on a cold winter day?
- What flavor of ice cream do you wish existed?
- If you could have dinner with any one person, living or dead, who would they be and why?
- Who would play you in a movie about your life?

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