

## Penguin Leadership Through Service

*Recommended for Grades 2-5*

### Introduction

One way to build leadership and other Essential Skills is to identify, organize, and complete service projects in schools and communities. Even young students can practice leadership through service by being good role models and good friends to all their peers.

### Materials

- Penguin printouts (below)
- Pens, pencils, crayons, or markers

### Instructions

- Before distributing materials:
  - Define leadership and discuss the qualities of a good leader:
    - Anyone can be a leader
    - Leaders help everyone accomplish their goals
    - Leaders are good role models
    - Leaders help their schools and communities through service opportunities
  - Define service and discuss how service and leadership are related:
    - Students can make a difference by planning and working on service activities
    - Service activities help you exercise your leadership skills (and other Essential Skills)
- Distribute penguin printouts and writing/drawing supplies to all students
- Each student should write (or draw) three ways that they can help others during the next month in the left three bubbles, and write their leadership qualities in the righthand bubble. These can be done in any order. The list of suggested service activities below can help generate ideas
- Optional: once a student has completed one of their three goals, give that penguin a star on the belly!

**Service Ideas**

- Read a book to a younger child
- Surprise a classmate with a random act of kindness
- Form a litter patrol on school or park ground
- Help with a chore at home
- Draw a picture and send it to a relative you don't see often
- Team up to start or maintain a school garden
- Schedule homework time with a friend every day to help them improve grades
- Work with classmates to make posters with anti-bullying messages
- Plant a tree
- Make valentines for senior citizens
- Organize a food drive in your neighborhood
- Write a letter to an elected official about a cause you believe in
- Rake leaves, shovel snow, or weed a garden for a neighbor
- Work with your friends to make a "New Student" guide to your town that includes your favorite parks, a map of the neighborhood, and fun things to do
- Make thank-you cards for local fire fighters
- Donate toys you've outgrown to a local charity
- Shelve books at the school library
- Be a friend to someone who needs a pal to talk to
- Help a teacher tidy up a classroom or decorate a bulletin board
- Make treats for a local senior home
- Collect food, warm clothing, toys, or personal care items and deliver to a local shelter

3 ways that I can help others:

