



My Child's Profile

Introduction

Children and their families can use this tool to explore career interests and an educational/college pathway. This activity is also a valuable tool in preparing for the college application process. The first section is designed for parents/guardians or family members to have a conversation with their child on their strengths and interests. These questions can be updated annually and used for college applications, draft college essays and scholarship applications. The last section of this activity is a “fill in the blank” template that your child can use on college and scholarship applications.

Materials

- Writing utensil & printed worksheet OR computer & fillable form

Instructions

- Complete your My Child's Profile
- Ask a parent, family member, friend, or mentor to help you brainstorm your biography responses

Take it from here

- Once completed, this document can be added to a student's college and career readiness portfolio.
- Asking family members to help their child complete these biography questions also helps families learn more about their child and build trust through sharing life stories.

Conversation Starter Questions

1. Interest and Strengths: What subjects in school are you most interested in? What do you like learning about? How do you learn best? What are your strengths in the classroom? What are you good at and what do you enjoy doing? What motivates/inspires you?



CORE PRACTICES

PATHWAYS



2. Practicing Essential Skills: Identify the sports, clubs, groups you are involved in. What are your hobbies and interests? Are there any new clubs or activities you like to join? Do you have a part-time job? Do you volunteer? Are you active in your church? If so, what are you doing? Have you thought about what you'd like to do for a career?

3. Career Pathway: Have you ever thought about having a career or going to college to study any of these areas? What would you like to do after high school? What would you like to do for work? What type of training or education do you need? Will you need a college degree? Where would you like to live? Large city or small town.



CORE PRACTICES

PATHWAYS



4. Educational/College Pathway: What would you like to do after high school? Do you need a college degree or professional certificate for the career you are considering? Is there a major or subject you'd like to study in college? Is there a training or certificate program you are interested in attending. Have you thought about where you would like to study? Small school? Large school? In a city? Small town?

*Use these questions to complete your Child's Profile
and to complete college and scholarship applications.*



My Child's Profile

Name: _____

School: _____

Year of High School Graduation: _____

Guidance/College Counselor: _____

Counselor's Contact Info:

Phone #: _____

Email: _____

GPA (Optional): ___ 4.0 - 3.5 ___ 3.5 - 3.0 ___ 3.0 - 2.5 ___ 2.5 - 2.0 ___ Below 2.0

Performing and/or visual arts activities:

Athletic, newspaper, and/or yearbook activities:

Student government activities:

Higher Level classes (AP courses, Dual Enrollment, etc.):

Honors (academic, civic):

What is your favorite high school class?

What college majors interest you?



CORE PRACTICES

PATHWAYS



Have you taken the SAT or ACT? Yes / No If so, when?

Size of the college/university you would like to attend (check one):

____ Small (< 2,500) ____ Medium (2,500-5,000) ____ Large (> 5,000)

Location of College/University: ____ Large City ____ Small City ____ Small Town

____ Near Home ____ Away from Home (2+ hours)

Favorite CFES Practice: ____ Mentoring ____ Pathways ____ Essential Skills

Strongest Essential Skill:

____ Goal Setting ____ Teamwork ____ Leadership

____ Agility ____ Perseverance ____ Networking