



**Mentoring Activity Title:** Fast Friends

**Essential Skill:** Networking

**Activity Designer:** Missy

**Date:** 3/15

**Session Length:** 40 minutes

**Grade Level:** 5th grade mentees with college mentors

**Materials:**

Printout of grid for mentors and mentees

Pens/pencils

**Introduction:**

This activity helps mentees to learn to comfortably interact with others and demonstrates how their network can grow when they find something in common with another person.

Today we are going to get to know one another and have fun doing it.  
Have mentors and mentees sit together.

**Activity:**

**Step 1.** Have mentors and mentees each list three fun facts about themselves at the top of the sheet. Then have the mentor and mentee share with one another. Do they each like their fun facts?? They can change what they have written if they want to at this point. *(5 minutes)*

**Step 2.** Discussion: What do you do when you walk up to someone you don't know? How do you introduce yourself? Have a mentor and mentee role play what to do. *(5 minutes)*

**Step 3.** Mentor and mentees each should spend about 20 minutes circulating around the room and learning facts about others. The goal is to learn more about as many people in the room as possible. The sheet has spaces for 10 people. Make sure you talk to mentors and mentees! *(20 minutes)*

**Discussion, Wrap-up:**

**Part 1**

Have mentors and mentees get back together for a discussion on the following:

- Were you comfortable sharing information about yourself with other people?
- How hard or easy was it for you to interact with new people?
- Did everyone make eye contact when they introduced themselves?

- Was everyone polite?
- Was there anything else you noticed or would like to share?

*(5 minutes)*

### **Part 2**

Have a whole group discussion about the answers to the questions and wrap up with what are your takeaways from today *(5 minutes)*